**General practice messaging about change in access to CGM**

The NHS in Dorset is having to make difficult choices about how we best use diabetes technologies to improve outcomes for people. This will mean trade-offs in how we spend money on diabetes technologies for different people with diabetes.

We are prioritising technology that delivers life changing benefits such as Hybrid Closed Loop also known as the ‘artificial pancreas’ technology for people who are pregnant, children and young people with type 1 diabetes.

To do this we needed to update our continuous glucose monitoring (CGM) policy: [Prescribable-Continuous-Gloucose-Monitoring-for-Adults-Children-and-Young-People.pdf](https://nhsdorset.nhs.uk/Downloads/aboutus/medicines-management/Other%20Guidelines/Prescribable-Continuous-Gloucose-Monitoring-for-Adults-Children-and-Young-People.pdf?boxtype=pdf&g=false&s=true&s2=false&r=wide)

As a result some people with type 2 diabetes who have CGM devices on prescription will need to use finger prick blood testing to make it possible for others to have the new Hybrid Closed Loop technology.

Your prescription for CGM is not included in the [updated policy](https://nhsdorset.nhs.uk/medicines/wp-content/uploads/sites/3/2024/10/Patient-Comms-General-practice-messaging-about-change-in-access-to-CGM-1-1.docx) and will no longer be available of NHS prescription. You will of course be able to self fund CGM should you so choose, but otherwise your prescription will change to finger prick blood testing and blood glucose monitor.

If you wish discuss this change or need education to help you monitor your blood glucose, then please contact our practice.