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Dear [patient’s name]

**RE: Prescription for Aliskiren**

Our records show that you recently collected a prescription for a drug called aliskiren.

We are writing to all the patients at the practice that are taking this drug, to encourage them to make an appointment to discuss an alternative treatment.

NHS guidance now states that aliskiren should not routinely be prescribed because there isn’t currently enough evidence to prove that it is as good as other treatments, and it can be associated with side effects that can cause damage to the heart and kidneys in certain people.

There are other alternative medicines to reduce blood pressure that are considered safer and more effective.

Please make an appointment at the surgery at a convenient time to discuss this further.

Yours sincerely,

[name of GP]

[name of practice]