**Information about changes to medicines or treatments on the NHS: Changes to aliskiren prescribing**



NHS guidance now states that aliskiren should not routinely be prescribed because there isn’t currently enough evidence to prove that it is as good as other treatments, and it is a lot more expensive than other medication options for high blood pressure.

It is also associated with side effects that can cause damage to the heart and kidneys in certain people.

You will be invited for a review of your blood pressure treatment, it is important that you do not stop taking aliskiren before this review.

This document explains why the changes are happening and where you can get more information and support.

## What is aliskiren?

## Aliskiren (also called Rasilez) is used for the management of high blood pressure.

## What options are available instead of aliskiren?

There are other alternative medicines to reduce blood pressure that are considered safer and more effective.

Your doctor or practice pharmacist will talk to you about different options so that you can come to a joint decision about what option is best for you.

## Where can I find more information and support?

* You can speak to your local pharmacist, GP or the person who prescribed the medication to you.
* The Patients Association can also offer support and advice: [www.patients-association.org.uk/](https://www.patients-association.org.uk/) or call 0800 345 7115.

Find out more about the medicines that are being stopped or reduced: <https://www.england.nhs.uk/publication/items-which-should-not-routinely-be-prescribed-in-primary-care-policy-guidance/>