Management of GLP-1 RA shortage flow chart

For all general practice and primary care staff

**SystmOne searches are saved in:**

* Reporting > Clinical reporting > Dorset SystmOne GPs> CCLIP 23 24 > Prescribing Safety and Quality

\*Semaglutide and liraglutide supplies anticipated to be exhausted first (imminent).

\*Exenatide and dulaglutide supplies are able to continue short term for current patients.

**Opportunistic medicines optimisation**

* Ensure GLP-1 RA prescribed only for licensed indications
* GLP-1 RA prescribed for weight loss will be suspended (no alternative)
  + Consider weight management referral if not in place: links below
* Dulaglutide supply may be able to maintain **current** patients
* Patients should have equal quantities supplied on prescription e.g. 1 month
* For complex patients refer to usual diabetes advice line/team
* Use [NG28 choosing medicines summary](https://www.nice.org.uk/guidance/ng28/resources/visual-summary-full-version-choosing-medicines-for-firstline-and-further-treatment-pdf-10956472093) to guide escalating treatment
* Once GLP-1 RA unavailable/stopped by patient **do not restart** –
  + Intermittent use will lead to drug related side effects
* Consider permanent stop of GLP-1 RA for patients not meeting NG28 criteria

**Weight management Opportunistic**

[Lose weight - Better Health - NHS (www.nhs.uk)](https://www.nhs.uk/better-health/lose-weight/) - Self referral via app sign up

[Live Well Dorset lose weight](https://www.livewelldorset.co.uk/lose-weight/)– self referral via website

[NHS England – Digital weight management – GP or pharmacy referral](https://www.england.nhs.uk/digital-weight-management/information-for-healthcare-professionals/)

Type 2 diabetes structured education

NHS England offer [Healthy Living](https://www.england.nhs.uk/diabetes/digital-innovations-to-support-diabetes-outcomes/healthy-living/) for people for type 2 diabetes. Healthy Living is a free online service designed to provide advice and information to people living with type 2 diabetes, to help them better manage their condition.

* [Patient leaflet: Healthy Living for people with type 2 diabetes](https://www.england.nhs.uk/publication/healthy-living-for-people-with-type-2-diabetes-patient-leaflet/)
* If you are a referrer interested in signposting to the programme, promotional resources are available to download from the [FutureNHS Collaboration platform.](https://future.nhs.uk/NationalDiabetesProgramme/view?objectID=29655600)

Resources

[PCDS\_ABCD-GLP-1-RA-shortage](https://diabetesonthenet.com/wp-content/uploads/PCDS_ABCD-GLP-1-RA-shortage_20230628.pdf) [NICE Guidance NG28 choosing medicines type 2 DM](https://www.nice.org.uk/guidance/ng28/resources/visual-summary-full-version-choosing-medicines-for-firstline-and-further-treatment-pdf-10956472093)

[NHS Dorset GLP-1 medicines value](https://nhsdorset.nhs.uk/medicines/value/#GLP-1) [NICE Guidance NG28 patient decision aid](https://www.nice.org.uk/guidance/ng28/resources/patient-decision-aid-pdf-2187281198)

[SPS Prescribing available GLP-1 RAs](https://www.sps.nhs.uk/articles/prescribing-available-glp-1-receptor-agonists/) [Patient leaflet Diabetes UK FAQs](https://www.diabetes.org.uk/guide-to-diabetes/managing-your-diabetes/treating-your-diabetes/tablets-and-medication/incretin-mimetics/shortage-FAQs)

[SPS prescribing-available-insulins](https://www.sps.nhs.uk/articles/prescribing-available-insulins/)