

SCHEDULE 2 – THE SERVICES

A. Service Specifications

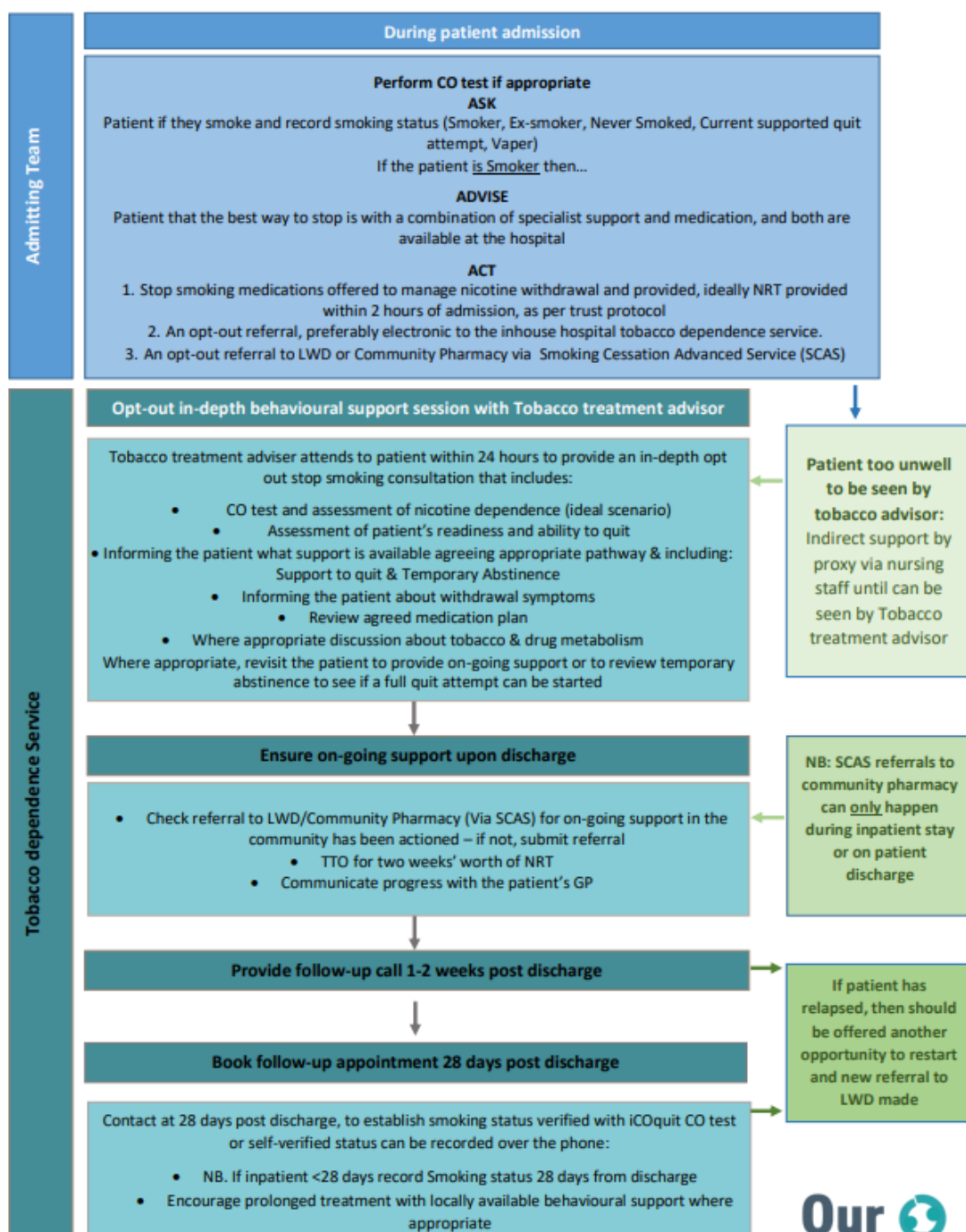
Service name	Treating Tobacco Dependency Service
Service specification number	QVV/310
Population and/or geography to be served	<p>Inpatients and Maternity patients attending Dorset County Hospital NHS Foundation Trust and University Hospitals Dorset NHS Foundation Trust should be screened for tobacco use in accordance with Service Condition 8.7</p> <p>This service is for:</p> <ul style="list-style-type: none"> • Current smokers • Current supported quit attempt • Current vapers <p>And/or Maternity Patients who have:</p> <ul style="list-style-type: none"> • Quit smoking in the last 2 weeks • Have a CO reading ≥ 4ppm <p>In Dorset, 98,385 people are coded by their GP as a smoker, accounting for 11.9% of the population. Based on the Index of Multiple Deprivation (IMD) National prevalence modelling estimates Dorset County Hospital NHS Foundation Trust and University Hospitals Dorset NHS Foundation Trust, 7.4% of Acute Inpatients and 7.6% of Maternity attendances will be smokers.</p>
Service aims and desired outcomes	<p>To establish smokefree hospital environments.</p> <p>To reduce the number of patients who smoke, by delivering in-house Treating Tobacco Dependence Services (TTDS), 5 days per week, and referral on discharge to community Stop Smoking Services, for acute inpatients and maternity, in line with National Service Standards.</p> <p><u>Outcomes:</u></p> <ul style="list-style-type: none"> • A reduction in readmissions among smokers receiving secondary care smoking cessation treatment • A 35% quit rate at 28 days for Acute Inpatients • A <i>Smoking at Time of Delivery</i> (SATOD) rate of less than 6% • A reduction in stillbirth, premature birth, miscarriage, low birth-weight and <i>Sudden Infant Death Syndrome</i> (SIDS)
Service description and location(s) from which it will be delivered	<p>Rationale</p> <p>Smoking is uniquely harmful, causing damage not only to smokers themselves but also to the people around them. Smoking is one of the main causes of health inequalities in England. Stopping smoking at any time has considerable health benefits, including for people with a pre-existing smoking-related disease. Smoking is not a lifestyle choice but a</p>

	<p>dependency requiring treatment' (OHID, 2022)¹. Smoking is a major driver of need and demand for healthcare services.</p> <p>Treating Tobacco Dependency is a key objective within the NHS Long Term Plan: By 2023/24, all people admitted to hospital who smoke will be offered NHS-funded tobacco treatment services. The model will also be adapted for expectant mothers, and their partners, with a new smoke-free pregnancy pathway including focused sessions and treatments. These services will be delivered in conjunction with, and in addition to, local authority Stop Smoking Services (LSSS).</p> <p>Service Description</p> <p><u>Acute Inpatients:</u></p> <p>Treating tobacco dependence in patients admitted to hospital is a standard of care in all NHS acute trusts. In addition, the Trust must provide:</p> <ul style="list-style-type: none"> • An opt-out referral (or notification) to an appropriately trained in-house Tobacco Dependence Adviser (TDA), and • A personalised plan to support inpatients to stop smoking tobacco whilst in contact with NHS services and referral to specialist stop smoking support following discharge. <p><u>Maternity:</u></p> <p>NICE guidelines recommend Trusts must:</p> <ul style="list-style-type: none"> • Provide routine carbon monoxide testing at the first antenatal (AN) appointment and at the 36-week appointment and all other AN appointments for people who smoke, are quitting or used to smoke, tested with 4 parts per million (ppm) or above at first AN appointment. • Provide an opt-out referral to receive stop-smoking support during pregnancy • Provide the pregnant woman or pregnant person with intensive and ongoing support to stop-smoking throughout pregnancy and beyond. • Biochemically validate that the pregnant woman or pregnant person has quit on the date they set and 4 weeks after • Consider / offer Nicotine Replacement Therapy (NRT) alongside behavioural support to help pregnant women and pregnant people to stop smoking in pregnancy • Offer pregnant women's partners, and the partners of pregnant trans and non-binary people, who smoke help to stop <p>See Appendix 1 for Our Dorset pathways.</p>
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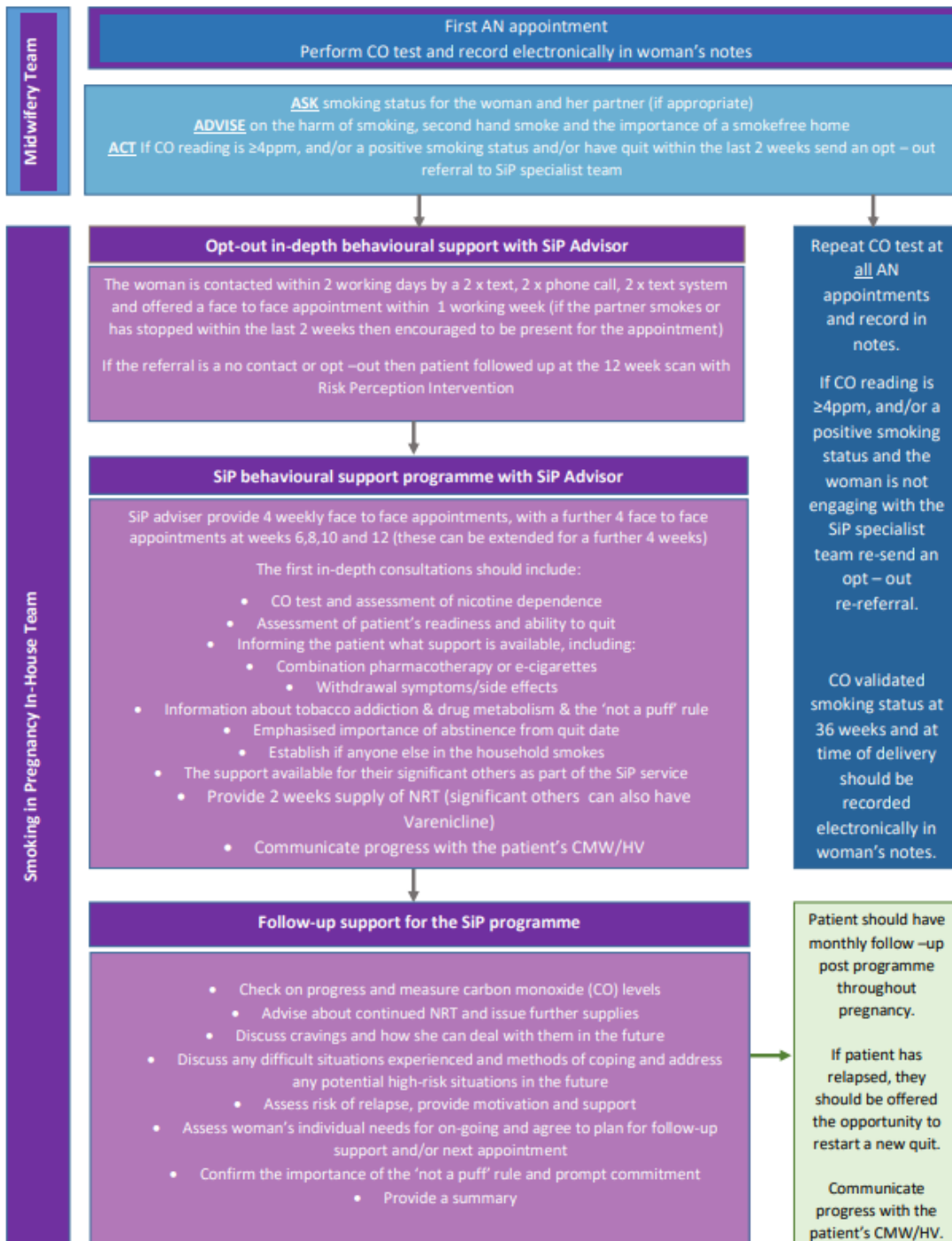
Appendix 1. Our Dorset Care Pathways

¹ OHID (2022) [Smoking and tobacco: applying All Our Health - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/publications/smoking-and-tobacco-applying-all-our-health)

Inpatient pathway



SiP In-house Outpatient Pathway



SiP Inpatient Pathway

