

Dementia services in POOLE

Service	Provider	Description	Contact
Adult Social Care helpdesk	Poole Council	Single point of contact/gateway for Poole social care services including carers assessment	Tel: 01202 633902 Email: sshelpdesk@poole.gov.uk Fax 01202 633634 Mobile 07779 880212 (for texts only)
Living Well with memory loss and dementia directory	NHS	A directory of services, support and sources of information for patients and carers	http://www.dorsetccg.nhs.uk/Downloads/news/Dementia%20Directory.pdf
Power of Attorney	Diverse Abilities	A local charity who have a dedicated advice team who offer a service to help people create lasting power of attorney for considerably lower charge than solicitors	Tel: 0300 3305514 Email: advice@diverseabilities.org.uk
CRISP - Carers' centre	Poole/Bournemouth Councils	Support for carers in the form of information and advice, along with talking-therapies, trips, access to beach hut and holiday lodges and access to a Carers' Assessment, Carers choir, Carers discount card etc	Tel: 01202 458204 Email: carersteam@bournemouth.gov.uk Web: www.crispweb.org
Dementia carers support group	Oakley Friends	Oakley friends meet on the last Wednesday of the month (except Dec) From 10.30am-12 noon at the Canford Magna Centre	Tel 01202 021705 Email: oakleycom@oakleyfriends.co.uk
Dementia carers courses (for unpaid carers)	Oakley Friends	Run twice year, these 10 week courses provide information and support to carers looking after someone with dementia. They are free to attend. All unpaid carers who are Poole residents are welcome to attend courses held at the Canford Magna centre	Tel 01202 021705 Email: oakleycom@oakleyfriends.co.uk
Sitting Service	Borough of Poole	Short Break Sitting Service For Carers - this is a flexible service enabling carers to take a break by providing a trained and police checked care worker from a local approved agency with up to 30 hours of FREE care per quarter provided	Tel 01202 633549 Email: A.SittingService@poole.gov.uk
Poole Day Centre	Tricuro	Day centre service. Activities within the centre and in the community.	12A Commercial Rd, BH14 OJW Tel: 01202 721722 Email: poole.pooledaycentre@tricuro.co.uk
Poole Lifeline	Borough of Poole	Provides an emergency contact system for people living at home designed to increase independence and safety	Tel 01202 733255 Email: lifeline@poole.gov.uk

Advocacy	Dorset Advocacy	An advocate is an independent, trained person, who is there to support you. Through a partnership with the Alzheimer's Society, they can support people across Dorset (including Bournemouth and Poole), who have dementia, care for someone who has dementia or are going through the diagnosis process.	Tel: 0300 343 7000 Email: enquiries@dorsetadvocacy.co.uk Web: www.dorsetadvocacy.co.uk
Memory Recording Service	Dorset Advocacy	The memory record captures memories that are important, gather souvenirs of the past including photos and music. The record can be used to reminisce with family and friends but can also be used to help plan care and support in the future to fit the wishes of who you are.	Tel: 0300 343 7000 Email: enquiries@dorsetadvocacy.co.uk Web: www.dorsetadvocacy.co.uk
Memory cafes and groups	Alzheimer's Society	Various groups and activities	Tel 01202 764352 or 0300 222 1122 Email: info@alzheimers.org.uk Web: www.alzheimers.org.uk
Dementia Friendly Activities	Poole Social Prescription Service	A range of activities that are suitable for people with dementia and their carers including Memory Cafes, Singing for the Brain, Films, Sporting Memories, Tea dance, Choirs, Stretch and Balance etc	Tel 01202 977073 Email: Info@pwbcollaborative.org.uk Web: www.pwbcollaborative.org.uk
Book group for people with Dementia	Broadstone Dementia Friendly community	Broadstone Library Mondays 11–12noon with tea/coffee	Annette Brooke 01202 696523
Driving	Drivers medical group, Driver and Vehicle Licensing Agency	People with dementia may be able to continue driving for some time but they must, by law, inform the DVLA if they wish to continue. Failure to do so could lead to a fine £1000.	Tel: 0300 790 6806 Email: eafd@dvla@gsi.gov.uk Web: www.gov.uk/dvla-medical-enquiries
Blue Badge Scheme	Borough of Poole	The Disabled Parking (Blue Badge) Scheme provides concessions for people with severe walking difficulties	Tel: 01202 633605 Email: bluebadges@poole.gov.uk
Community Transport	Borough of Poole	The scheme offers low floor and wheelchair accessible transport, along with door to door services by Dial a Bus and the Voluntary Driver scheme for Borough of Poole residents who do not have access to a transport.	Tel 01202 262220 Email: caroline.foy@poole.gov.uk

Handiworks	Help and Care	Handiworks Plus is a membership scheme whereby a single call gives you access to tradespeople who are police checked, competitively priced, trustworthy and reliable. All payments are handled by Handiworks Plus team on your behalf, by sending you an invoice, after you are satisfied with the work	Tel: 0300 111 3303 Email: handiworks@helpandcare.org.uk
My Life My Care	3 councils in Poole, Bournemouth and Dorset	Website providing information and advice about care and support for adults in Poole, Bournemouth and Dorset	https://www.mylifemycare.com
Talking Therapies	Steps to Wellbeing	They offer a range of treatments for people experiencing mild to moderate depression and anxiety disorders	Tel 0300 1231120 Email: dhc.pped.s2w@nhs.net
Books on Prescription	Poole Libraries	Books on Prescription scheme providing information and advice for people with dementia and their carers collated by leading health experts	Tel: 01202 262449 or www.boroughofpoole.com/libraries
Home Library Service	Poole Libraries	FREE Home Library Service for people unable to visit the library themselves.	Tel: 01202 262449 or www.boroughofpoole.com/libraries
Meal delivery services	Various	A number of suppliers will deliver hot, chilled or frozen meals directly to your door.	Information can be given on local services Poole Well-being Collaborative Tel 01202 977073 Email: Info@pwbcollaborative.org.uk Web: www.pwbcollaborative.org.uk