

SCHEDULE 2 – THE SERVICES

A. Service Specifications

Service name	Dorset Parenting Support Service
Service specification number	11J/0206 v3
Population and/or geography to be served	<p>Families registered with a Dorset GP (Dorset ICB Footprint)</p> <p>Parents whose children have been diagnosed with, or are at risk of developing, a conduct disorder and need support to manage associated behaviours.</p> <p>Children between the ages of 3-12 (or have a developmental age of)</p>
Service aims and desired outcomes	<p>To provide support to parents to enable them to identify and effectively manage/improve their child's behaviours and result in a positive impact on the family's future health outcomes.</p> <p>Identify and understand local population needs to ensure that the service meets the highest priority needs to deliver a measurable impact on improved health outcomes for children and their families.</p> <p>Involve families in improving their health and well-being and improve equity and reduce inequalities in health.</p> <p>Parents/ families:</p> <ul style="list-style-type: none"> • can access support in a timely way. • are effectively supported to complete their agreed programme of support. • achieve their individual goals or report positive change, • continue to experience a sustained positive impact in the period after completing a programme of support. • Experience <ul style="list-style-type: none"> ○ an improved understanding of the reasons behind their child's behaviour ○ improved ability and confidence to manage behaviour, ○ improvement in child behaviour ○ improved relationship with their child ○ a reduction in problems associated with conduct disorder, ○ an improvement in parental mental health or emotional wellbeing • feel listened to and can contribute to the design and improvement of the service. <p>Through the support provided (in the scope of the service), contribute to wider outcomes for families such as:</p> <ul style="list-style-type: none"> • improve the lives of people impacted by poor mental health. • increase awareness of the steps parents can take and the support they can get to improve their family's health.

	<ul style="list-style-type: none"> • improve outcomes in population healthcare and tackle inequalities in outcomes and access.
<p>Service description and location(s) from which it will be delivered</p>	<p>Develop and provide an offer of support to parents whose children present with behavioural distress (challenging behaviour) and have been diagnosed with, or are at risk of developing, a conduct disorder.</p> <p>Provide direct support to parents to improve their skills and confidence to effectively support their children's needs to improve their children's future health outcomes.</p> <p>Deliver a range of evidence-based parenting programmes as well as evidence informed interventions and support to meet local needs.</p> <p>Deliver the service to meet local access needs such as geography (including a place-based approach that supports the needs of local communities), access to digital technology and individual learning needs and goals. This will include consideration of face-to-face delivery, virtual delivery and digital support mechanisms.</p> <p>The service shall understand any specific needs (e.g. access) of different groups of parents in Dorset such as teenage and young parents and develop approaches to engage and support them.</p> <p>Work as part of an integrated approach with the Dorset transformation and improvement programmes for CYP EWB & MH and the Neurodevelopmental pathway.</p> <p>Work within the emerging place-based teams and approaches to support needs identified by local communities as close to home as possible, for example through Family Hubs.</p> <p>Work with local communities and other local agencies, and support opportunities to help families thrive in the area where they live and/or work.</p>