A. Service Specifications

Mandatory headings 1 – 4: mandatory but detail for local determination and agreement
Optional headings 5-7: optional to use, detail for local determination and agreement.
All subheadings for local determination and agreement

<table>
<thead>
<tr>
<th>Service Specification No.</th>
<th>05/MHLD/0037</th>
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<tbody>
<tr>
<td>Service</td>
<td>Dorset Forensic Team</td>
</tr>
<tr>
<td>Commissioner Lead</td>
<td>Clinical Commissioning Programme for Mental Health and Learning Disabilities</td>
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<tr>
<td>Provider Lead</td>
<td>Dorset Healthcare University NHS Foundation Trust</td>
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<tr>
<td>Period</td>
<td>1\textsuperscript{st} April 2014 to 31\textsuperscript{st} March 2016</td>
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<tr>
<td>Date of Review</td>
<td>To commence September 2015</td>
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1. Population Needs

1.1 National/local context and evidence base

2. Outcomes

**NHS Outcomes Framework Domains & Indicators**

<table>
<thead>
<tr>
<th>Domain 1</th>
<th>Preventing people from dying prematurely</th>
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<tr>
<td>Domain 2</td>
<td>Enhancing quality of life for people with long-term conditions</td>
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<tr>
<td>Domain 3</td>
<td>Helping people to recover from episodes of ill-health or following injury</td>
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<td>Domain 4</td>
<td>Ensuring people have a positive experience of care</td>
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<tr>
<td>Domain 5</td>
<td>Treating and caring for people in safe environment and protecting them from avoidable harm</td>
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2.1 Policy context –
• NSF-MH,  
• New Horizons  
• MHA 1983  
• MCA 2005  
• NICE Guidance, evidence based and best practice

2.2 Local strategic context-  
• Local Joint Strategic Needs Assessment  
• Safeguarding- children and adults  
• Mental Health and well-being agenda

2.3 Aims and objectives of the service-  
The Forensic team will act as a tertiary service in support of CMHTs and other specialist teams, including Learning Disability Teams, Old Age Psychiatry, Child and Adolescent Mental Health Services and Psychology Services. 

The team will provide an interface between Health, Social Services and Criminal Justice Agencies, assisting in the sharing of information across agencies, and to work in partnership with other local teams and agencies involved in mental health and criminal justice services. 

The Team will provide a central co-ordination point for communication / advice from / to Dorset Police, Dorset Probation Service and Local Authorities. To direct “known” individuals to their local CMHT and the appropriate local services. 

Team representatives will attend all Level 2 and 3 MAPPA’s for clients known to the Forensic Team. 

The team will ensure good liaison arrangements and transfer back to Dorset of offenders from specialist units, e.g. Ravenswood Medium Secure Unit, Special Hospitals, out of area placements.

3. Scope

3.1 Service user groups covered (including care clusters, where relevant)  
The DFT will provide a specialist assessment and treatment service for mentally disordered offenders and those who present a substantial risk of serious harm to others. There are some Mentally Disordered Offenders who are adequately managed and treated in CMHT’s and who do not require the intensity of the services provided by the Dorset Forensic Services. 

The team will assess and be involved in the care of the following groups of patients: 

a. Patients with a serious mental disorder (using current ICPA definitions) and 

• A persistent history of aggression  
• History of arson  
• History of or risk of sex offending
b. Patients with a Dissocial Personality Disorder to determine whether a mental health intervention will be of value. It is expected that most of the team’s patients will be of working age but there may be some under / over this age who may need the specialised skills or advice of the DFT.

3.2 Exclusion criteria

Service users not in line with the above.

3.3 Geographical population served

The service will accept referrals of individuals registered with a GP within Dorset Clinical Commissioning Group or who are resident within the boundaries of Dorset, Bournemouth and Poole.

3.4 Service description/ care package- overview i.e. what is provided

- assessment
- care planning
- interventions etc.

Dorset Forensic Team is commissioned as a specialist service offering assessment and treatment for mentally disordered offenders across Bournemouth, Poole and Dorset in the community. The team will also in-reach into the Low Secure Service.

Dorset Forensic Services will provide:

Assessment:
The following will be expected to form the assessment process:
- initial multi-disciplinary screening to ensure that the service is appropriate;
- comprehensive multi-disciplinary needs assessment;
- physical health assessment where appropriate;
- comprehensive multi-disciplinary risk assessment;
- use of standard assessment measures to monitor change and identify progress;
- statement of needs and production of care plan;
- all assessments should be culturally competent.

Care Co-ordination:
- each service user will be assigned a care co-ordinator who has overall responsibility for ensuring appropriate assessment, care and review by themselves and others within the team;
- care co-ordinator role is allocated taking into account the individual team members, strength of relationship between individual team member and the service user and the preferences of the user;
- staff know and work with all service users so that continuity of care is provided by the team as a whole;
- written and verbal means of ensuring good communication between team
members;

Regular review:
- weekly review meetings with the consultant psychiatrist where action is agreed and changes in treatment are discussed with the team as a whole;
- progress and outcomes regularly monitored;
- progress and outcomes regularly monitored, including service user, carers and other important to the service user involved;
- care plan formally reviewed at least six monthly.

3.5 Days/ hours of operation

The Team will operate a 5-day week service, around core times Monday to Friday, from 9.00 am to 5.00 pm.

3.6 Referral processes

The service will accept referrals of individuals registered with a GP within Dorset Clinical Commissioning Group or who are resident within the boundaries of Dorset, Bournemouth and Poole.

The Service operates as a tertiary service with referrals routed via local CMHTs, Assertive Outreach Services, Psychological Services, Addiction Service, Learning Disability Services, Elderly Mental Health Teams and CAMHS.

Direct referrals will be accepted from the Probation Service for East Dorset clients who meet the criteria for a Multi-Agency Public Protection Panel (MAPPA).

Referrals from probation will receive a full mental health assessment to determine the presence of any mental disorder, to provide an opinion on risk presented, to consider and advise on possible treatment needs, and to advise on general management.

3.7 Care pathways (where applicable to meet each care cluster)

Identify: partnerships
transitions and interfaces between services and agencies
subcontractors

3.8 Discharge process

All cases require regular multi-agency review at a maximum of six monthly intervals.

The RMO and Care Co-ordinator must be present at all reviews. Invitations must also be extended to other organisations including Social Services, Primary Care (GPs), Housing, Police, Probation and the Voluntary Sector. Where possible, relatives and carers must also be invited.
4. **Applicable Service Standards**

4.1 Applicable national standards (e.g. NICE)

4.2 Applicable standards set out in Guidance and/or issued by a competent body (e.g. Royal Colleges)

4.3 Applicable local standards

5. **Applicable quality requirements and CQUIN goals**

5.1 Applicable Quality Requirements

5.2 Applicable CQUIN goals (See Schedule 4 Part [E])

6. **Location of Provider Premises**

The Provider’s Premises are located at:

St Ann’s Hospital, 69 Haven Road, Canford Cliffs, Poole Dorset BH13 7LN

7. **Individual Service User Placement**