Cardiac Rehabilitation Pathway

PRE SERVICE SPECIFICATION

Stage 0 – 3

0 - Identify the patient

1 – Recruit and refer the patient to cardiac rehabilitation

2 – Assess the patient for cardiac rehabilitation

3 – Develop the patient care plan

THIS SERVICE SPECIFICATION

Stage 4 - 5

Delivery of a comprehensive cardiac rehabilitation programme including lifestyle advice and exercise

Group cardiac rehabilitation | The Heart Manual | Heart Failure rehabilitation

Conduct final assessment

- Patient Reported Outcome Measures
- Exercise tolerance
- Patient Experience
- Medical observations

Discharge Summary to GP and Stage 6 coordinator

POST SERVICE SPECIFICATION

Stage 6

Long term self management