

Dorset Elective Termination of Pregnancy (TOP) Model

Self-referral/GP/young people's sexual health services/GUM/CASH

SINGLE POINT OF ACCESS (Tel: 0300 456 2217)

- Pre-assessment and initial counselling
- Discuss termination procedure options and offer choice of provider
- Provide information for booking assessment and appointment
- Provide contacts for counselling/support/advice

Service user decided to continue with pregnancy – refer to antenatal care

Suspected ectopic – refer on to acute gynaecology

Non Complex TOP

TOP Providers
BPAS
Dorset HealthCare
Marie Stopes

Complex Medical Issues

Women identified as unsuitable within the independent sector - Referred to speciality placement team within SPOA to manage.

Complex TOP Procedures

Up to 9 weeks Medical
Where criteria are met—Via SPOA refer to
⇒ Dorset HealthCare Early Medical Termination Service

Up to 12 weeks Surgical
where medical suitability criteria cannot be met at DHC above—Via the SPOA refer to local acute services
⇒ Dorchester County Hospital
⇒ Poole General Hospital
⇒ Royal Bournemouth Hospital
⇒ Other Local NHS acutes that currently undertake this procedure

Over 12 weeks Surgical - Via SPOA
⇒ BPAS—Portsmouth
⇒ Kings College Hospital

ASSESSMENT/CONSULTATION APPOINTMENT

- Confirm intrauterine pregnancy
- Ultrasound scan for gestational dating
- Discuss options again
- Explain procedure
- General examination for fitness
- Screen for chlamydia, gonorrhoea & HIV. Treat/refer to GUM/CASH as appropriate
- Rhesus blood group determination
- Haemoglobin level determined if required
- Complete HSA1 form
- Contraception advice and discussion on LARCs

PROCEDURE

- Contraceptive advice and supplies provided or permanent method of contraception fitted following termination if requested by woman, including long acting methods. Where LARC cannot be done at time of procedure offer follow up appointment to receive LARC or refer on.
- Arrange post procedure care and follow up
- Satisfaction survey

Refer to Local EPU for

- ◆ Miscarriage
- ◆ Ectopic pregnancy
- ◆ Scan interpretation is complicated

FOLLOW UP

- Post procedure check
- Information on counselling contacts given
- Screening results given
- Further contraceptive advice and supplies provided

Refer on to CASH if appropriate

Single Point of access to assessment 3-5 days

Assessment to procedure 5 working days

Procedure to Follow up 14-21 Days